



Brief report on Counselling cum Awareness Session on Mental Health

Title of Event	: Counselling cum Awareness Session on Mental Health
Date	: 10th October 2019
Organized by	: SVKM's Institute of Pharmacy, Dhule
Theme	: "Mental Health Promotion and Suicide Prevention"
Venue	: SVKM's Institute of Technology, Dhule.
No. of Participants	: 18 No. of Beneficiaries: 52

Background:

Near about 800,000 people die by suicide every year i.e. one person every 40 seconds. Suicide occurs throughout life. It is the second leading cause of death among 15-29 year-olds globally. Furthermore, for each suicide, there are more than 20 suicide attempts. Suicide occurs in all regions of the world. In fact, 79% of global suicides happen in low- and middle-income countries. Suicides and suicide attempts have a ripple effect that impacts on families, friends, colleagues, communities and societies. Suicides are preventable. Much can be done to prevent suicide at individual, community and national levels".

Agenda:

- To raise awareness of the scale of suicide around the world.
- To play a role that each of us can play to help prevent it.
- Improve awareness of the significance of suicide as a global public health problem.
- Improve knowledge of what can be done to prevent suicide.
- Reduce the stigma associated with suicide.
- Let people who are struggling know that they are not alone.

Activities:

On "World Mental Health Day," the students in the Second and Third Year of the B. Tech. program at SVKM's Institute of Technology in Dhule participated in a range of activities, including poster presentations and one-on-one counseling. These activities designed to promote awareness about mental health among the students, teaching staff, non-teaching staff, administration staff, and housekeeping workers at Shri Vile Parle Kelavani Mandal's Institute of Technology, Dhule.



Shri Vile Parle Kelavani Mandal's
INSTITUTE OF PHARMACY, DHULE
Behind Gurudwara, Mumbai-Agra Highway, Dhule (MS)

Event Photograph:



Shrika

Mr. Abdulla K. Sherikar
Assistant Professor

Dr. Sameer Goyal
Principal



Shri Vile Parle Kelavani Mandal's
INSTITUTE OF PHARMACY, DHULE
Behind Gurudwara, Mumbai-Agra Highway, Dhule (MS)

Counselling cum Awareness session

On the occasion of

World Mental Health Day

Topic: "Mental Health Promotion and Suicide Prevention"

List of Participants

Sr. No.	Name of Students	Signature
1	Mr. Changale Shashwat Mahesh	
2	Mr. Borse Nikhil Prakash	
3	Ms. Bhamre Renuka Shivaji	
4	Mr. Ahire Sagar Babu	
5	Ms. Bansal Nikita Sanjay	
6	Mr. Amale Shubham Rajendra	
7	Mr. Pakhale Shubham Ravindra	
8	Ms. Gajghate Payal Sunil	
9	Ms. Agrawal Rachi Sunil	
10	Ms. Desale Neha Pradip	
11	Ms. Jain Pradnya Vijay	
12	Ms. Patil Pooja Chandrakant	
13	Ms. Patil Pradnya Ujjwal	
14	Mr. Chaudhari Mohit Ravindra	
15	Mr. Nikam Prajwal Sanjay	
16	Ms. Tanvi Ramugade	
17	Ms. Punam Mahajan	
18	Ms. Sayali Baviskar	

Mr. Abdulla Sherikar
Coordinator

Dr. Sameer N. Goyal
Principal
Principal

Shri Vile Parle Kelavani Mandal's
Institute of Pharmacy, Dhule.

